



# JANUARY 2023

Archdiocese of New York Child Nutrition Program  
Pre K – 8th

## HOT LUNCH MENU

### Monday

Baked Macaroni & Cheese 2  
Carrot Coins, ½ cup  
Steamed Broccoli, ½ cup  
Assorted Fruit, ½ cup  
Choice of Milk

Grilled Cheese Sandwich 9  
Steamed Carrots, ½ cup  
Seasoned French Fries, ½ cup  
Assorted Fruit, ½ cup  
Choice of Milk



Chicken Nuggets 23  
Brown Rice ½ cup  
General Tso Sauce  
Steamed Broccoli, 3/4 cup  
Assorted Fruit, ½ cup  
Choice of Milk

Quesadilla with Cheese 30  
Steamed Carrots, ½ cup  
Black Bean Salad, ½ cup  
Assorted Fruit, ½ cup  
Choice of Milk

### Tuesday

Chicken Fajita 3  
Brown Rice ½ cup  
Black Bean Salad, ½ cup  
Roasted Corn, ½ cup  
Assorted Fruit, ½ cup  
Choice of Milk

Penne Pasta with Beef Meatballs 10  
Marinara Sauce 2oz  
Green Beans, 3/4 cup  
Assorted Fruit, ½ cup  
Choice of Milk

Baked Macaroni & Cheese 17  
Carrot Coins, ½ cup  
Steamed Broccoli, ½ cup  
Assorted Fruit, ½ cup  
Choice of Milk

Chicken Fajita 24  
And Scoop Chips  
Black Bean Salad, ½ cup  
Roasted Corn, ½ cup  
Assorted Fruit, ½ cup  
Choice of Milk

Pasta & Beef Meatballs 31  
Carrot Coins, ½ cup  
Marinara Sauce 2oz  
Green Beans, 1/2 cup  
Assorted Fruit, ½ cup  
Choice of Milk

### Wednesday

Ground Beef Tacos & Scoop Chips 4  
Green Pepper Strips, ½ cup  
Sweet Potato Fries, ½ cup  
Assorted Fruit, ½ cup  
Choice of Milk

**Brunch for Lunch** 11  
Egg & Cheese on a WG Bagel/English Muffin  
Hash Browns ½ cup  
Green Pepper Strips, ½ cup  
Assorted Fruit, ½ cup  
Choice of Milk

Chicken Patty on a Bun 18  
BBQ Sauce  
Potato Wedges- 3/4 cup  
Fresh Seasonal Fruit, ½ cup  
Choice of Milk

Beef Cheeseburger on Bun 25  
Sweet Potato Fries, 3/4 cup  
Assorted Fruit, ½ cup  
Choice of Milk

### Thursday

Chicken Nuggets with WG Breadstick 5  
Potato Wedges, ½ cup  
Steamed Broccoli, ½ cup  
Assorted Fruit, ½ cup  
Choice of Milk

Breaded Chicken Smacker 12  
with Brown Rice  
Steamed Broccoli, 3/4 cup  
Assorted Fruit, ½ cup  
Choice of Milk

Turkey Tacos and Scoop Chips 19  
Black Beans ½ cup  
Sweet Potato Fries, ½ cup  
Assorted Fruit, ½ cup  
Choice of Milk

Breaded Chicken Pieces 26  
WG Breadstick  
Green Beans ½ cup  
Kidney Beans, 1/2 cup  
Assorted Fruit, ½ cup  
Choice of Milk

### Friday

Cheese Pizza 6  
Spinach ½ cup  
Chickpea Salad, ½ cup  
Assorted Fruit, ½ cup  
Choice of Milk

Cheese Pizza 13  
Steamed Broccoli, ½ cup  
Chickpea Salad, ½ cup  
Assorted Fruit, ½ cup  
Choice of Milk

Sicilian Pizza 20  
Steamed Zucchini, 3/4 cup  
Assorted Fruit, ½ cup  
Choice of Milk

Mozzarella Sticks 27  
Rotini Pasta  
Marinara Sauce 2oz  
Steamed Spinach, 3/4 cup  
Assorted Fruit, ½ cup  
Choice of Milk

### Available Daily

**Peanut Butter or Sun Butter & Jelly Sandwiches  
American Cheese Sandwiches  
(Mayo/Mustard)**

### Assorted Fruit

**Fresh Fruit-1 Piece  
ex (apple, banana, orange  
Frozen Fruit Cup ½ cup  
Prepared Fruit Cup ½ cup  
Ex. (pear, pear, peaches,  
applesauce)**

### Whole Grains

**All grains offered on menu are whole grain**

### Applicable Lunch Cost

**Student Lunch Cost= \$3.00**

**This Institution is an Equal  
Opportunity Employer and  
Provider**

**Menu items are subject to  
change due to recent supply  
chain issues.**

